**Triathlon** [**三项全能**](http://www.mdbg.net/chindict/chindict.php?wdrst=0&wdqb=triathlon)

 



<http://beijing.triathlon.org/>

Venue Video: <http://beijing.triathlon.org/event_info/venue/>

**Triathlon History** [**历史**](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=History)

The first triathlon took place in San Diego, California on September 24, 1974.

The race, which took place in San Diego’s Mission Bay, had a 5.3-mile **run**, followed by a 5-mile **bike** and a 600-yard **swim** in the Bay. A total of 46 athletes [运动员](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=athlete) finished the race.

[](http://images.search.yahoo.com/images/view;_ylt=A2KJkK4s4WJO5isAlgmJzbkF;_ylu=X3oDMTBlMTQ4cGxyBHNlYwNzcgRzbGsDaW1n?back=http%3A%2F%2Fimages.search.yahoo.com%2Fsearch%2Fimages%3Fp%3Dsan%2Bdiego%2Bbay%26ei%3DUTF-8%26fr%3Dyfp-t-701%26b%3D1%26tab%3Dorganic&w=2305&h=1520&imgurl=www.enterpriseinstitute.com%2Fein-homepage%2Fimages%2Fphotogallery%2FSanDiego_Bay_384k.jpg&rurl=http%3A%2F%2Fwww.enterpriseinstitute.com%2Fein-homepage%2Fhtml%2Fcontactus%2Fcalifornia%2Fcalifornia_neighborhood_photos.htm&size=384.1+KB&name=San+Diego+Bay+%28384K%29&p=san+diego+bay&oid=a128195842977cbc2db9ed622399b674&fr2=&fr=yfp-t-701&tt=San+Diego+Bay+%28384K%29&b=0&ni=28&no=5&tab=organic&sigr=13c4usgtb&sigb=132llp88f&sigi=12id5s44f&.crumb=V7LkVt..swc) [](http://images.search.yahoo.com/images/view;_ylt=A2KJke5d4WJOtnQA4xCJzbkF;_ylu=X3oDMTBlMTQ4cGxyBHNlYwNzcgRzbGsDaW1n?back=http%3A%2F%2Fimages.search.yahoo.com%2Fsearch%2Fimages%3Fp%3Dus%2Bmap%26n%3D30%26ei%3Dutf-8%26y%3DSearch%26fr%3Dyfp-t-701%26b%3D1%26tab%3Dorganic&w=1531&h=838&imgurl=www.bmtscorp.com%2Fimages%2FUSmapB.gif&rurl=http%3A%2F%2Fwww.bmtscorp.com%2Fusmap.htm&size=281.9+KB&name=US+Map&p=us+map&oid=3b9dbfe776159b77e8cfc04422a1cecc&fr2=&fr=yfp-t-701&tt=US+Map&b=0&ni=28&no=0&tab=organic&sigr=1110vv7j9&sigb=1395meaei&sigi=112t7r16g&.crumb=V7LkVt..swc)

**EFL QUESTIONS**

How far is one mile [哩](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=mile)?

le (unit of length equal to 1,609.344 m)

5 miles = 8.045 Km

How long is one yard?

91.44 CM

How far is 600 yards?

.55 KM

**&&&&&&&&&&&&&&&&&&&&&&&&**

Triathlon was awarded full Olympic Games medal status by the IOC at its Congress in Paris in 1994.

Triathlon made its Olympic debut at the 2000 Sydney Games.

**BEIJING TRIATHLON**

An Olympic-distance triathlon combines a **1.5 km swim, a 40 km bike ride and a 10 km run.** Every triathlon includes two transitions (swim to bike and bike to run). Elite athletes typically make these transitions in less than 30 seconds.

Average finishing times at World Championship and World Cup races are around **1 hour and 50 minutes for the Elite Men and around 2 hours for the Elite Women.**

MONEY!

A total of $1.8 million USD will be available for athletes racing the Dextro Energy Triathlon ITU World Championship Series.

Gold $55,000

Silver $42,000

Bronze $30,000

4th $20,000

5th $16,000

6th $12,000

7th $10,000

8th $8,000

9th $7,500

10th $7,000

11th $6,500

12th $6,000

13th 5,500

14th $5,000

15th $4,500

16th $4,000

17th $3,500

18th $3,000

19th $2,500

20th $2,000

**DISCUSSION QUESTIONS**

Would you like to compete [竞争](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=compete) ([jìng​zhēng)​](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=compete) in a Triathlon someday [日后](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=someday) [rì​hòu​](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=someday)?

Would you like to watch the Changping Triathlon?

I think Triathlons are:

…fascinating, [有趣](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=fascinating)

…a little interesting [一点点](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=a+little) [有意思](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=interesting)

…boring [无聊](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=boring) [wú​liáo​](http://www.mdbg.net/chindict/chindict.php?page=worddict&wdrst=0&wdqb=boring)

Can you get money competing in Triathlons?



<http://wcs.triathlon.org/>

Venue Video: <http://beijing.triathlon.org/event_info/venue/>

Day to day schedule & leaders to watch for

<http://www.triathlon.org/news/article/overall_beijing_preview_what_to_watch_out_for_and_why/>

Photo galleries

<http://wcs.triathlon.org/multimedia/photos/>